

THE 23 INFORMER



DECEMBER 2015 - Issue #213



PA AREA 60, District 23

P.O. Box 1698 Greensburg, PA 15601

www.aa-swestpa-dist23.org

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COMMITTEE REPORTS



DCM REPORT

District 23 AA's Merry Christmas and Happy Holiday Greetings:

November has been a slow month, which is often a good thing. Except for an Officers and Coordinators Meeting on November 8, which I attended as the Area Parliamentarian, there was actually no Area Business conducted in November.

The next Area Meeting is Sunday, December 6 at the Comfort Inn at Penn Hills. This is our last Quarterly Meeting of the year, and I'm hoping that some of you can be there; especially district coordinators and officers. This is a good opportunity to learn about your position and network with area coordinators and officers. There are also service workshops offered at every area meeting at 9:15 a.m. Remember that everyone is welcome, but at a Quarterly Meeting only the DCM has a voice and a vote. At Assemblies all GSR's have both a voice and a vote.

Prior to our December meeting, the Ad hoc Committee for the District Inventory and Member Survey will be meeting. I expect that this will be an exciting process for us all. We will learn as a committee, how well we are working, and also what our membership thinks. The outcome should show us in what areas we can improve. Lastly, I am available to come out to speak at any of your group conscience meetings, and you also have the right to request that I ask any of the area officers or coordinators to come to our district meetings, or subcommittee meetings. Area officers are often also willing to visit home groups when asked.

It is my prayer that "God as we understand Him," blesses each and every one of you and all of our fellowship. In love and service,

Margie S.
District 23 Committee Member

ALT DCM REPORT

With gratitude month behind us and winter ahead, it is a great time to gather your "we" and head out to a meeting. Perhaps one you may not normally attend, perhaps out of town. This month I was able to get out to a couple meetings I do not regularly attend. Fabulous how the faces may change but the message stays the same. It is great time to share the holiday cheer, before the weather really starts getting bad. The New Year's Eve party is quickly approaching ... tickets are available now.

There are many service positions available in the district. Between H&I and our service committees, as well as within our very own service structure. Newcomers and long-timers have such valuable experience to share with us in service as well as with the still suffering alcoholic. Just showing up and knowing someone cares goes along way. Perhaps consider signing up to be a volunteer for our special needs committee. To take meeting to those members of the fellowship who are under the weather and can't get out to a meeting.

Our fourth and final quarterly meeting is in Penn Hills this month. All are welcome to attend. Ask your GSR about the meeting, the agenda items discussed are available and pertinent to us all. See how AA works behind the scenes, how our service representatives help to ensure AA is here for the next still suffering alcoholic.

The holiday season brings with it many stressors. As someone once said "stressed spelt backwards is desserts". Be safe, have an out plan, go with a safe sober friend, see ya'll next year.

In loving service,
Leslie E.
Alt DCM



COMMITTEE REPORTS cont'd



H & I

Dear AA Friends,

The H&I Committee can always use volunteers. We are looking for volunteers for the following:

Westmoreland County Juvenile Detention Center - Service would be one Sunday a month

Westmoreland County Prison - Service would once a month

Torrance State Hospital - We are looking for Home Groups to take meetings in for the following months of March and December. They are Monday Night meetings at 8:00 PM

Alternate Coordinate Members - We are looking for the following to do service in H & I

- Behavioral Health
- Bridging the Gap
- Westmoreland County Juvenile Center
- Pink Treasurer

If you are interested in volunteering at any of our various meetings. Please contact me or any other H&I Committee member.

**Our next meeting will be December 12th, at Christ United Church
100 Lincoln Avenue, Youngwood at 10:30 AM**

If you have any questions, please feel free to contact me.

Thanks for all your continued support of H&I

Steve B

22TH LIGONIER MIDWINTER SPIRITUAL ROUNDUP

FRIDAY 8:00 P.M. MEGAN K. MT. LEBANON, PA.
SATURDAY 10:A.M. ALLAN F. BEAVER, P.A.
SATURDAY 8:00 P.M. ROBBIE W. WILDWOOD, N.J.
SUNDAY 9:15 A.M. KELLY M. CASTLE SHANNON, P.A.

SATURDAY AFTERNOON – SHARING SESSION ON SPIRITUALITY
FEBRUARY 12, 13, 14 2016
THE WEEKEND IS LOCATED AT **ANTIOCHIAN VILLAGE** ON ROUTE 711 SEVEN MILES NORTH OF

THE LIGONIER DIAMOND. FIRST CLASS LODGING, FOUR MEALS, AND REGISTRATION IS A PART OF THE WEEKEND PACKAGE.

- * SINGLE OCCUPANCY \$229.00
- * DOUBLE OCCUPANCY \$159.00 EACH
- * TRIPLE OCCUPANCY \$134.00 EACH

- *COMMUTERS DESIRING MEALS / REGISTRATION BUT NO LODGING \$95.00
- *SATURDAY ONLY- MEALS & REGISTRATION \$55.00
- SATURDAY AFTER-NOON/ EVENING DINNER AND REGISTRATION \$30.00
- DROP-IN REGISTRATION \$5 A MEETING WITHOUT MEALS

FOR ADDITIONAL INFORMATION OR REGISTRATION FORMS CALL/ EMAIL

ED J. @ 724-459-5461, E-MAIL TANNERYED@HUGHES.NET
DAVE T. @ 412-400-6753,

E-MAIL TOWNLEY@VERIZON.NET

E MAIL ADDRESS LIGONIER MIDWINTER SPIRITUAL ROUNDUP

L.M.S.R. LMSR@HUGHES.NET

SATURDAY EVENING MASS 7:00 PM

SATURDAY EVENING MASS 7:00 PM

To guarantee meals please register by Feb 3, 2016

REGISTRATION FORM
LIGONIER MIDWINTER SPIRITUAL ROUNDUP: FEBRUARY 14, 15, 16, 2014

DATE _____ E MAIL _____ AREA CODE&TELE # _____

NAME _____
FIRST NAME SPOUSE _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

NAME OF YOUR HOME GROUP _____

- _____ @ \$229.00 (SINGLE)
- _____ @ \$159.00 (DOUBLE)
- _____ @ \$ 95.00 (COMMUTER) 4 MEALS +REGIS
- _____ @ \$134.00 (TRIPLE) A FEW AVAIL. SOME ROOMS THREE BEDS
- _____ @ \$ 30.00 SAT URDAY/ DINNER& REGIST.

EARLY ARRIVALS MAY ENJOY AN ADDITIONAL DINNER ON FRIDAY AT 5:00 PM _____ @ \$ 20.00

CHECK # _____ TOTAL AMOUNT \$ _____ CHECK HERE FOR HANDICAP ACCESSIBLE ROOM _____

MAIL THIS REGISTRATION WITH PAYMENT TO:

L.M.S.R.
MAKE CHECKS PAYABLE TO: MID WINTER SPIRITUAL ROUNDUP

P. O. BOX 25

BLAIRSVILLE PA. 15717

THIS IS A SMOKE FREE FACILITY TOURS OF THE ANCIENT EASTERN ORTHODOX MUSEUM AVAILABLE

EARLY REGISTRATION WILL BE APPRECIATED

Sponsored by the Ligonier Wednesday Night Closed Discussion Group

EDITOR'S NOTE:

Thank you District 23 for allowing me the opportunity to serve the next recovering alcoholic. I look forward to serving District 23 in 2016.

Merry Christmas & Happy New Year!!
Monica C.



Friends of Bill W. 28th Annual

New Year's Eve Celebration Year 2015

Location : St. Vincent College----- Latrobe , Pa.
SPONSORED BY, **BIG BOOK WAY TO LIFE GROUP, LATROBE**

Cost of Tickets:
\$20.00 per person

December 25th cut-off date
for ticket sales
Table reservations will be taken.

Tickets and Information:

Ed J. (412)289-7670
(724)459-5461
Mary B. (724) 989-1773
Sam H. (724) 463-7455
Jim V. (724) 837-9483
Rick M. (724) 516-0878
Lisa J. (412) 478-1650

PROGRAM

6:00-6:45 Coffee & Appetizers
7:00-8:00 Dinner
8:30-9:30 Speakers Rick & Cheryl S.
9:30-1:00 am Dancing
11:30 50/ 30 /10/10
Midnight Celebration

MENU

Tossed Salad / Dressing
English Style Cod
Hand Carved Roast Pork Loin
Bow Tie W/ Fresh Mozz & Tomatoes
Whipped Sweet Potatoes
Broccoli, Carrots and Cauliflower
Ind Banana Fosters Cake
Dinner Rolls , Butter

Music:
DJ GARY HAY

Cookies, & Dessert, & Snacks Are Always Welcome
Hot dogs and Kraut after lead

Handicapped Accessible

Our New Years Dance is self supporting. No group monies are used
to pay for this event. The cost is paid through ticket sales and 50 / 50 tickets

**A vegetarian meal is available if necessary. Please call me direct
with your ticket stub number and name Ed J.**



December 2013: Recipe for a sober holiday

Reprint from Grapevine, December 1971. Formerly titled "How to Have a Holiday."

The holiday season always poses special problems for we who are avoiding the Yuletide sauce. If we are working our program one day at a time, each of these days should be considered the same as any other, I know. But as I make meetings in early December, the ominous question on many lips, especially newcomers', is "How am I going to get through the holidays?"

My first Christmas sober was a tough one, and may be for others, too. So I'd like to pass on my favorite holiday recipe for a sober Christmas: Take a lot of meetings; mix generously with some finely grated Easy Does Its; add a day at a time; simmer over a few well-seasoned remember-whens.

For me, meetings are an essential key to any success in the AA program. Those members whom I see putting one sober day at a time back to back also seem to be making lots of meetings. I don't think it's a coincidence. How many meetings one should make is surely an individual matter, but if the holidays pose special problems, as they always do for me, "too many" simply doesn't exist. As a matter of fact, if I'm uptight over any situation anytime during the year, meetings offer at least a start, and often a solution, to getting loose.

I think Easy Does It gives sobriety some durability. I'm inclined to be an intense person, and remembering not to take myself so seriously also keeps me loose. It can be hard to live a day at a time when advertisers are hitting us from mid-November on with nearly 800 messages daily that there are only so many days till Christmas. They have their own program to work, but I have to be careful not to let the pressure and expectations of the season lead me to blow my cool.

"A day at a time" is a great philosophy of life, in addition to being the only way I can stay sober. My first year in AA, I was wondering on Thanksgiving Day how I'd get through an office party in mid-December. (How futile!) Sometimes it's even necessary for me to break the day down to a few hours or even a few minutes at a time. (I've often imagined myself as Grapevine's Victor E., thinking, "One beer commercial at a time.") The nice thing for me is that every minute, hour, or day gained makes the hump that much easier to get over.

When I remember Christmases past, I have a tremendous temptation to rationalize all the "wonderful times" the liquid season brought to my otherwise dreary life. Christmas always broke the routine of drowning my sorrows alone. Police officers were more understanding. Tavern-owners (already wealthy on my daily contributions) were generous and bought for the house. And of course, didn't everyone get a little tight for Christmas?

But then I have to pause and realistically remember when my children's father spent the holidays in fluid drive. I have to be honest and remember those "wonderful times" at our house: the loans to pay for the presents, to cover the guilt of never being a parent; the loans to pay "the electric bills" (when I knew all the time that the money would go to pay the bar tabs); the last-minute shopping that ended with "just one quick one" on Mahogany Ridge and only a \$1.98 hat for a wife who had waited all day for me to come home; the used watch purchased from the barroom therapist in the white apron (who would, of course, put it on the tab); the "wonderful" sense of accomplishment I felt on Christmas Day watching my four children open their gifts, as I nursed a big head and a weak stomach and wondered how I'd repay the loan that had paid for the presents that were bought to pay for the guilt of taking the loan; and the hope that in the whole deal I'd bought some respect and given some love.

Boy, those were "wonderful times"! I found it really tough to give all that up. But now it's much more pleasant to think of the four great Christmases my family and I have enjoyed in sobriety.

Looking back, I see that my recipe lacks one vital instruction: It should be baked 365 days a year in an oven of gratitude. The deep gratitude I have for the AA program and the life it has opened for me is beyond expression. There must be a Santa Claus—or something!

—Ray S., Snyder, N.Y.

DISTRICT 23 INFO

ANNIVERSARY MEETING



IMPORTANT ADDRESSES **For Home groups mailing** **contributions:**

District 23

PO Box 1698

Greensburg, PA 15601

For contributions to the district, please make checks payable to District 23 and put the group name on check.

Area 60 Treasurer

PO Box 266,

Monroeville, PA 15146.

(Make check payable to "Area 60 Treasurer.")

General Service Office (GSO)

P.O. Box 459

New York, NY 10163

(Make check payable to "AA World Services, Inc.")

District 23 Answering Svc

PO Box 1698

Greensburg, PA 15601

Please make checks payable to Answering Svc and put your group name on check



Greensburg Tuesday Beginners Meeting
68th AA Anniversary
[January 26, 2016](#)

First Presbyterian Church
[300 S Main St Greensburg PA](#)
(Upper Dining Room)

[6:00 pm](#) Coffee

[6:30 pm](#) Dinner

[7:30 pm](#) Speaker

Bring a newcomer, sponsee and family member.

COVERED DISHES WELCOME

TO ALL HOME GROUPS:

If you wish to see your group's anniversary or other special event listed, please submit to the Editor no later than the first Monday of the month to have it appear in that month's Informer. My contact info is on the front of the newsletter.

(editor@aa-swespa-dist23.org)

Also, if your group has any changes, please contact the Editor, and it will be listed in the Informer.

••REMINDER. IF YOU HAVE AN EXPERIENCE OR STORY YOU WOULD LIKE TO SHARE.....SEND TO THE EDITOR....ANONYMOUSLY IF YOU WISH. IT WILL BE FEATURED IN THE "YOUR PAGE" COLUMN OF THE NEWSLETTER. ••