

THE 23 INFORMER

PA Area 60, District 23 P.O. Box 1698 Greensburg, PA 15601

www.aa-swestpa-dist23.org



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Committee Reports

DCM REPORT

Hello District 23,

Here we are, hurtling toward the end of another year! I can't believe it is November already. We have accomplished a lot this year, and I am very grateful. November is Gratitude Month in AA, but an 'attitude of gratitude' serves us well every day, one day at a time. I have heard it said that a grateful heart will never drink and I truly believe that.

Our Unity Day went off without a hitch, thanks to the hard work of all our committee members – Leslie M., Steve B., Dan D., Bernie S., and Lisa L., along with Kristy R. and Margie S. Thank you all for a job very well done! Many thanks also to all the presenters who stepped up and took part. There were many different informative and creative approaches to the subject at hand. It was a joy to behold! Last, but certainly not least, thanks to all who attended and supported our efforts. I hope that you came away happy, well fed and enlightened. There was much lively discussion after the presentations. I feel it was a great success, thanks to everyone involved.

Our District elections were held last month, and I am happy to say that many of our open positions have been filled. Our new DCM is Margie S., Alt. DCM is Leslie M. and Treasurer is Cliff F. Happily, Tim G. is going to continue on as Secretary and Lisa F. is continuing as Webmaster. Editor of the 23 Informer was not filled at that time, but hopefully will be by the time you read this. We could also use alternates for Archives and Grapevine. John H. is recovering from back surgery, so I will be filling in for him as PI/CPC chair until he is up and around. I will stay on the committee, though, as my next service commitment.

Gratitude, again, for all of our incoming and outgoing trusted servants – your service is much appreciated and I hope that your sobriety is enhanced as well. I know mine is!

Lisa V.

Unity Day Report

Our celebration of the 12 Traditions, "Unity Day" was an amazing day. We had approximately 60 members of the fellowship in attendance. Food, laughter, learning, exchange of idea's was the bill of the day.

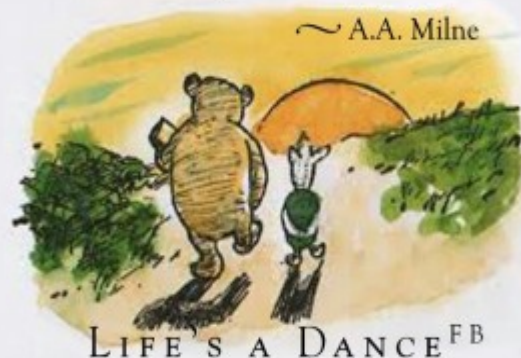
Our presentations of the Traditions were filled with history, knowledge, and personality. Thank you to our presenters: Gomer, Cliff, Donald, Leo, Tim, Bill, Margie, John, Tony, Matt, Diana, Christine, Lisa, Debbie, Waylon, Colleen, Monica, Michael, Jak, Sally, Ken, Kristi for sharing your experience, strength and hope with us on such a perfect day.

A very special thank you to the committee for all their support in planning this event. Friends in the fellowship are truly priceless.

Leslie

New Alexandria

Piglet noticed that even though he had a very small heart, it could hold a rather large amount of gratitude.



~ A.A. Milne

YOUR PAGE

Since it is "Gratitude Month", here are 20 quotes about gratitude that will not only remind us that what we have is pretty awesome, but will also, I hope, spur us to express that gratitude to the people who deserve it most.

1. "I would maintain that thanks are the highest form of thought; and that gratitude is happiness doubled by wonder." G.K. Chesterton
2. **"If you count all your assets, you always show a profit."** *Robert Quillen*
3. "Enjoy the little things, for one day you may look back and realize they were the big things."
Robert Brault
4. **"As we express our gratitude, we must never forget that the highest appreciation is not to utter words but to live by them."**
John F. Kennedy
5. "Reflect upon your present blessings, of which every man has plenty; not on your past misfortunes, of which all men have some." *Charles Dickens*
6. **"Acknowledging the good that you already have in your life is the foundation for all abundance."** *Eckhart Tolle*
7. "Gratitude turns what we have into enough, and more. It turns denial into acceptance, chaos into order, confusion into clarity...it makes sense of our past, brings peace for today, and creates a vision for tomorrow." *Melody Beattie*
8. **"Gratitude is a currency that we can mint for ourselves, and spend without fear of bankruptcy."** *Fred De Witt Van Amburgh*
9. "At times, our own light goes out and is rekindled by a spark from another person. Each of us has cause to think with deep gratitude of those who have lighted the flame within us."
Albert Schweitzer
10. **"Let us rise up and be thankful, for if we didn't learn a lot today, at least we learned a little, and if we didn't learn a little, at least we didn't get sick, and if we got sick, at least we didn't die; so, let us all be thankful."** *Buddha*
11. "Thankfulness is the beginning of gratitude. Gratitude is the completion of thankfulness. Thankfulness may consist merely of words. Gratitude is shown in acts." *Henri Frederic Amiel*
12. **"When I started counting my blessings, my whole life turned around."** *Willie Nelson*
13. "It is impossible to feel grateful and depressed in the same moment." *Naomi Williams*
14. **"Forget yesterday--it has already forgotten you. Don't sweat tomorrow--you haven't even met. Instead, open your eyes and your heart to a truly precious gift--today."** *Steve Maraboli*
15. "We should certainly count our blessings, but we should also make our blessings count."
Neal A. Maxwell
16. **"The only people with whom you should try to get even are those who have helped you."**
John E. Southard
17. "Gratitude also opens your eyes to the limitless potential of the universe, while dissatisfaction closes your eyes to it." *Stephen Richards*
18. **"Gratitude and attitude are not challenges; they are choices."** *Robert Braathe*
19. "Gratitude is more of a compliment to yourself than someone else." *Raheel Farooq*
20. **"This is a wonderful day; I've never seen this one before."** *Maya Angelou*



SAVE THE DATE!

Dec. 7th	Area 60 4th Quarterly Meeting Comfort Inn, 699 Rodi Road, Pittsburgh., PA 8:30 am Registration 9 am Workshop 10:15 Meeting
July 2-5, 2015	2015 International Convention of Alcoholics Anonymous July 2-5, 2015 Atlanta, Georgia PA State Convention Website - www.aapastateconvention.com



Anniversaries

Ligonier Friday Nite
6th Anniversary
Friday November 7th

6PM Coffee and Fellowship
7PM Dinner
8PM Speaker

Covered dishes are welcome

Heritage United Methodist Church
107 S. Market Street, Ligonier

IMPORTANT ADDRESSES

For Home groups mailing contributions:

Area 60 Treasurer
P.O. Box 152
Conway, PA 15027
(Make check payable to "Area 60 Treasurer.")

General Service Office (GSO)
P.O. Box 459
New York, NY 10163
(Make check payable to "AA World Services,
Inc.")

District 23 Answering Svc
PO Box 1698
Greensburg, PA 15601
Please make checks payable to Answering Svc
and put your group name on check



TO ALL HOME GROUPS

If you wish to see your group's anniversary or other special event listed, please submit to the Editor no later than the first Monday of the month to have it appear in that month's Informer. My contact info is on the front of the newsletter. (editor@aa-swestpa-dist23.org)

Also, if your group has any changes, please contact the Editor, and it will be listed in the Informer.