# THE 23 INFORMER

**Issue#259** 

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http://www.aa-swestpa-dist23.org

PA, Area 60, District 23

P.O. Box 1698

Greensburg, PA 15601

### **DISTRICT 23 SERVICE CONTACTS**

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**Toll-Free 24-Hour Hotline: 866-851-8459** 

# PCM REPORT

"Honesty with ourselves & others gets us sober, but it is tolerance that keeps us that way."...

### ALTERNATE DCM REPORT

The Circle And the Triangle

First, a circle of love and service with a well-balanced triangle inside, the base of which represents our Recovery through the Twelve Steps. Then the other two sides representing Unity and Service, respectively. The three sides of the triangle are equal. As I grew in A.A. I soon identified myself with this symbol. I am the circle, and the sides of the triangle represent three aspects of my personality: physical, emotional sanity, and spiritually, the later forming the symbol's base. Taken together, all three aspects of my personality translate into a sober and happy life.

Taken from Page 282 of the Daily Reflections.

As most of you know I am a big believer in service work. No job is a little job, from taking out the garbage after a meeting, taking a meeting into correctional facilities or rehab facilities, to district and area work. I have found tremendous happiness in A.A. through service work and I am grateful for the many opportunities I have had. Keep it going, keep up all the good work everyone, and thank you for all you do! Thank you Dinner With Bill for the wonderful anniversary dinner. As always, spending time with my fellow A.A. friends always makes for a pleasant and inspiring evening!

Sincerely in love and service,

Marcia W., Alt. DCM

### SCOTTDALE NEW & OLDTIMERS

Big Book Step Study Workshop (Steps 9, 10, 11, 12)



It works—it really does.

Alcoholics Anonymous - Pg. 88

### Saturday October 19, 2019 NOON - 4:00pm

(Presenting each step on "the hour")

### Calvin Presby church

311 Mulberry St. Scottdale, 15683 (Same location as the 8pm Thursday meeting)



Coffee, Water, and Snacks will be provided

Desserts are welcome

"Dust off that Big Book and join us for a day of fun & learning"



Circleville (aka Lincoln Highway Group) will be having it's anniversary celebration on 10/19/2019.

Check the district website for further details!!!!

## Friends of Bill W. 32 nd Annual

### New Year's Eve Celebration Year 2019

Location: St. Vincent College---- Latrobe, Pa. SPONSORED BY, BIG BOOK WAY TO LIFE GROUP, LATROBE

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**\$25.00 per person** Ed J (412)289-7670 (724)459-5461

**December 26th cut-off date for ticket sales** 

Mary B. (724) 989-1773
Table reservations will be done. **Eight to a Table**Mary B. (724) 989-1773

Jim V. (724) 837-9483

Rick M. (724) 516-0878

Ed S. (724) 691-6356

Ed S. (724) 691-6356 Camille (724) 539-8272 Julian U. (724)219-8568

PROGRAM MENU

6:00-6:45 Coffee & Appetizers Tossed Salad / w Ranch & Balsamic dressing

7:00-8:00 Dinner English Style Cod

8:30-9:30 Speakers Diane and Kim M. Carved Roast Pork
9:30-1:00 am Dancing Penne Pasta Alfredo
11:30 50/ 30 /10/10 Roasted Vegetables

Midnight Celebration Mini Tartlet Tasting Plate

Dinner Rolls, Butter

Music: <u>Cookies, Dessert, Snacks Are Always Welcome</u>

HORIZON DJ'S Debbie & Jackie Hot dogs and Kraut after lead

### **Handicapped Accessible**

Our New Years Dance is self supporting. No group monies are used to pay for this event. The cost is paid through ticket sales and 50 / 50 tickets A vegetarian meal is available if necessary. Please call Ed J. direct with your ticket stub number and name.

### H & I is looking for AA member willing to do service!!

The H & I Committee is in need of an alternate pink can treasurer. Any persons interested in this position please contact Jon A. at (724) 244-7884 for more information. Thank you in advance for your service.

Also the meeting at our new facility, Clear Day Rehab, Thursday evenings is now from 7:30 to 8:30 PM. Once again the H & I Committee is grateful for all who share there experience, strength and hope with those who are less fortunate.

Thank you,

Stacy B. H & I Secretary

### **An AA's personal experience of HOPE**

You would think after so many attempts I would get different results, but no. I still had the guilt, shame, and remorse. Today I will not drink. High noon you can hear the clink of ice and the fizz of pop. Tomorrow I will not drink. Eight am and you can hear the clink of ice and the fizz of pop. Tomorrow I will not drink. Nine pm and you can hear the retching in the bathroom. Tomorrow I will not drink. It just never worked; I could not figure out why. I really had planned on not drinking. I planned on paying the bills, mowing the grass, cleaning the house. This is the insanity the Big Book tells me about.

One day it was all too much, they took me away and monitored me for three days and said you are fine. They turned me loose. I went straight home and poured a stiff drink. One day it was all too much, they took me away and monitored me for seven days and said have you thought about your drinking? Well of course I had!! ALL THE TIME. They turned me loose, only to drink again. Another day it was all too much, they escorted me to a locked room and did not come back. They placed me in a safe place and cared for me.

Today I don't have to live like that. I changed who I hung out with, stopped going to bars, and kept no alcohol in the house. With much misgivings I dragged my sorry behind to an AA meeting as was suggested at the rehab where they had taken care of my physical addiction to alcohol. Now the hard part, the mental and spiritual sickness. They said that AA could show me how to survive mentally and grow spiritually in this world.

The Big Book tells me there is A solution. I realized the A tells me something very important, there is only one way to get and stay sober. A vital spiritual experience. I found a sponsor, she suggested to pray in the morning asking a Power greater than myself to keep me sober that day, and thank Him at night. I did this. She also suggested I act "as if". "As if" I truly believed in this Power. A few weeks went by and I really did start to believe. The door had been opened ever so slightly. Things started to change in my life. My helpless feeling left me and I just knew there was something working in my life. I continue to take suggestions and strengthen my relationship with my Higher Power. My sober life is not even comparable to my addiction life. I have a Higher Power who is loving and forgiving, friends who care about me not my supply. I know in my heart it took all the events of my past to get me where I am today. My experience is here to help another alcoholic find A solution in their life.

The Greensburg 12 & 12 Group is celebrating our

# 35th Anniversary Sunday, November 17

Coffee & Fellowship at 6:30 pm

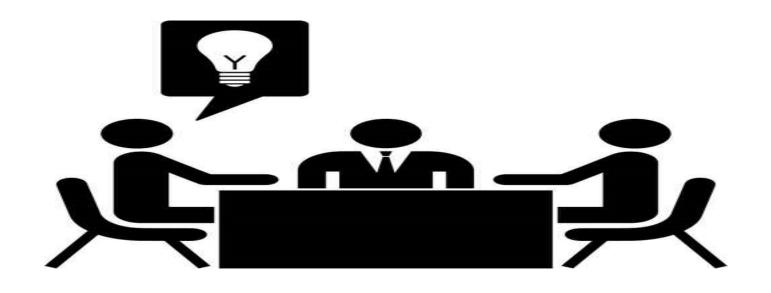
Dinner at 7:00 pm

Speaker Meeting at 8:00 pm

All are welcome!

Trinity United Church of Christ
139 N. Main St., Greensburg

Come Celebrate
With Us!



District 23 Fall Workshop

Saturday November 2,2019 Norwin Christian Church 9610 Barnes Lake Road

Noon to 4:00

Topics presented by various Home Groups

Lunch served Deserts welcome

### District 23

# IMPORTANT ADDRESSES For Home groups mailing contributions:

District 23 PO Box 1698 Greensburg, PA 15601

For contributions to the district, please make checks payable to District 23 and put the group name on check.

### \*\*PLEASE NOTE : THE AREA 60 TREASURER ADDRESS HAS CHANGED

Area 60 Treasurer P.O, Box 1496 Washington PA, 15301 (Make check payable to "Area 60 Treasurer.")

#### General Service Office (GSO)

P.O. Box 459 New York, NY 10163 (Make check payable to "AA World Services, Inc.")

### **District 23 Answering Svc**

PO Box 1698

Greensburg, PA 15601

Please make checks payable to Answering Svc and put your group name on check

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### TO ALL HOME GROUPS:

If you wish to see your group's anniversary or other special event listed, please submit to the Editor no later than the first Monday of the month to have it appear in that month's Informer. My contact info is on the front of the newsletter.

(editor@aa-swestpa-dist23.org)

Also, if your group has any changes, please contact the Editor, and it will be listed in the Informer.

Personal stories are welcome also, if you would be willing to share your experience, strength and hope with District 23. (can be anonymous)

Thank you, Frank F

### Exciting news!!

### **NERASSA**

# Northeast Regional **Alcoholics Anonymous** Service Assembly IS **COMING TO PITTSBURGH IN**

2021