# THE 23 INFORMER

PA Area 60, District 23 P.O. Box 1698 Greensburg, PA 15601 www.aa-swestpa-dist23.org



## ISSUE 199-OCTOBER 2014 2



## **DISTRICT 23 SERVICE CONTACTS**

| <u>DCM</u> – Lisa V <u>dcm@aa-swestpa-dist23.org</u>                 |
|--|
| Alt. DCM – Margie S <u>altdcm@aa-swestpa-dist23.org</u>              |
| Secretary – Tim G  |
| <u>Treasurer</u> – Vince Ptreas@aa-swestpa-dist23.org                |
| <u>Grapevine Rep</u> – Lisa L grape@aa-swestpa-dist23.org            |
| <u>Archivist</u> – Ralph D <u>arch@aa-swestpa-dist23.org</u>         |
| H & I Coordinator – Ron Y  |
| Webmaster – Lisa Fwebmaster@aa-swestpa-dist23.org                    |
| Alt. Webmaster – John Ealtwebmaster@aa-swestpa-dist23.org            |
| <u>Literature</u> – Andrew H <u>lit@aa-swestpa-dist23.org</u>        |
| <u>Special Needs</u> – Deb H   |
| <u>Bridging the Gap</u> – Karen C <u>bridg@aa-swestpa-dist23.org</u> |
| Public Info/CPC – John Hpicpc@aa-swestpa-dist23.org                  |
| <u>Answering Svc</u> – Jay L <u>answer@aa-swestpa-dist23.org</u>     |
| 23 Informer –Colleen Zeditor@aa-swestpa-dist23.org                   |

Toll-Free 24-Hour Hotline: 866-851-8459

## **Committee Reports**

#### DCM REPORT

Hello District 23,

As of this writing, I have no idea what will happen at our district elections before the monthly GSR meeting this Friday. I am hoping that there will be some fresh faces stepping up to fill some of our service positions. I promise you – you will not regret it if you do! And if all the open positions are not filled, hopefully there will be folks that pray, talk to their sponsors, and come to November's meeting. I can't begin to describe the sense of belonging that comes from being of service in AA or the spiritual growth I experience.

October is a busy month around here. Besides our District elections, on Sunday, October 19<sup>th</sup> is the Area 60 Fall Voting Assembly. Our Western Pennsylvania area of Alcoholics Anonymous will be rotating many of their service positions as well. Ironically, I will not be able to attend, as I will be out of town. I will see what positions have not been filled as of the 4<sup>th</sup> Quarterly meeting in December and possibly stand for an area service position then. I intend to stay active in District service in the new year as well, in another capacity.

Also coming up this month is our Unity Day event. I am really excited about this and I hope lots of people will come and enjoy it. Remember, it is a FREE event. With FOOD. Coffee will be ready at 9:30, with presentations beginning at 10. Remember, folks, this is YOUR BASKET DOLLARS IN ACTION! Please join us and make it a success. Support your fellow home group members as they talk about our precious 12 Traditions, without which AA would have probably destroyed itself long ago. Each one of us, along with our home groups, will benefit from learning and practicing these principles. I really hope to see you there!

### **H&I REPORT**

Welcome Fall!

Please continue to donate any conference approved literature to our literature drive. Our Opportunities in Service forms are always available; please volunteer to carry the message into any of the facilities that we cover. We are truly grateful and may we continue to work together to help save those alcoholics who still suffer and can't get to a meeting without all of our help. Without you we would not be able to provide literature and meetings to carry that message of hope.

H & I is in need of help. We need AA members willing to serve as coordinators for some of our facilities. We also need 1 time speakers and home groups to take meetings into facilities and help us carry that 12 step message. The facilities which are in need of coordinators are the Torrance State Hospital Monday meeting, BHS and the Westmoreland County Prison Friday meeting from 6 to 8pm. The facilities which need a one-time speaker or a home group to carry the message are Gateway in Greensburg, Torrance, Westmoreland County Prison (men and women), BHS and the Juvenile Detention Center.

If interested in serving, ask your SPONSOR then contact the chair or coordinator of that facility.

Ron 4

H&I Committee Chair

Lísa V.

### **YOUR PAGE**

### You Know You're an Alcoholic When....

- You lose arguments with inanimate objects.
- You have to hold onto the lawn to keep from falling off the earth.
- Your job is interfering with your drinking.
- Your doctor finds traces of blood in your alcohol stream.
- The back of your head keeps getting hit by the toilet seat.
- You sincerely believe alcohol to be the elusive 5th food group.
- 24 hours in a day, 24 beers in a case coincidence?? - I think not!
- Two hands and just one mouth... now THAT'S a drinking problem!
- You can focus better with one eye closed.
- The parking lot seems to have moved while you were in the bar.
- Your twin sons are named Barley and Hops.
- Hey, 5 beers has just as many calories as a burger, screw dinner!
- Mosquitoes get a buzz after attacking you
- At AA meetings you begin: "Hi, my name is... uh..."
- The whole bar says 'Hi' when you come in...



### **Grapevine Quote of the Day**

"Keeping a Tenth Step journal about my day-today life, my relations with other people, and the stuff that still roiled around in my head helped me see patterns in my thoughts and behavior, which I could discuss

with my sponsor. And once I began to sit quietly, reflect on what I'd written, and pray, I began to sleep peacefully for the first time in my life."

Manchester, N.H., March 2001 "Peace at Last,"

**AA** Grapevine

### Editor's Corner

If you would like to see your article in next month's newsletter, please submit via the following email link:

editor@aa-swestpa-dist23.org

### **SAVE THE DATE!**

| Friday,<br>10/17-<br>Sunday,<br>10/19 | 74 <sup>th</sup> Laurel Highlands Conference For information, email apollos22@comcast.net or jmitch1982@aim.com   |
|---------------------------------------|---|
| Saturday,<br>10/25                    | 12 Traditions Event/Unity Day<br>Coffee, Food, Fellowship & an<br>Exploration into the Traditions<br>More info: Leslie M. 724-668-<br>5117 or Steve B. 724-691-2334<br>(see attached flyer) |
|                                       |   |

### **IMPORTANT ADDRESSES**

For Home groups mailing contributions:

Area 60 Treasurer
P.O. Box 152
Conway, PA 15027
(Make check payable to "Area 60 Treasurer.")

General Service Office (GSO) P.O. Box 459 New York, NY 10163 (Make check payable to "AA World Services, Inc.")

District 23 Answering Svc PO Box 1698 Greensburg, PA 15601 Please make checks payable to Answering Svc and put your group name on check

#### TO ALL HOME GROUPS

If you wish to see your group's anniversary or other special event listed, please submit to the Editor no later than the first Monday of the month to have it appear in that month's Informer. My contact info is on the front of the newsletter. (editor@aa-swestpa-dist23.org)

Also, if your group has any changes, please contact the Editor, and it will be listed in the Informer.



### **Anniversaries**

Ligonier Friday Nite 6th Anniversary Friday November 7th

6PM Coffee and Fellowship 7PM Dinner 8PM Speaker

Covered dishes are welcome

Heritage United Methodist Church 107 S. Market Street, Ligonier

### DISTRICT 23 PRESENTS



A Celebration of Our 12 Traditions Saturday, October 25

10AM — 3 PM
Registration & Coffee at 9:30
St. Michael's Orthodox Church
1182 Ashland St., Greensburg

A Free Event Open to All AA Members

Featuring

Presentations on the 12 Traditions
Coffee, Food and Fellowship

Please join us for a day of fun and learning!

"If you don't know the Traditions, you're probably breaking them."