

The 23 Informer

<http://aa-swestpa-dist23.org> September 2021 Edition 270



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Need to talk someone?

Toll Free 24-Hour Hotline 1-866-851-8459

REPORT FROM OUR DCM

I want to thank the H & I Committee for the wonderful Gratitude Picnic on August 21st. The fellowship and food were wonderful and it felt so good to be together again!

Someone recently said to me, "No one reads the DCM reports in the newsletter." Of course the alcoholic that I am, I stress each month trying to think of a topic to write about. I not only try to write about something that I think might help carry the message, but I also post upcoming events in our district and Area 60 to keep our membership informed. I am asking that you please pass the Informer newsletter around at your homegroup meetings so that others may read it. We all have the choice to remain informed or not. It's up to you!

I have also heard the phrase, "Only 10% of the people do 90% of the work." I am imploring all of you to please step up and help carry the message and help in whatever way you can!

The unity, the effectiveness, and even the survival of A.A. will always depend upon our continued willingness to give up some of our personal ambitions and desires for the common safety and welfare. Just as sacrifice means survival for the individual alcoholic, so does sacrifice mean unity and survival for the group and for A.A.'s entire Fellowship.

As Bill Sees It, page 220

Upcoming Events:

District 28 (our neighboring district)

October 2, 2021

Virtual Workshop: Practicing A.A.'s Spiritual Principles in a Changing World

In Love and Service,

Marcia W. DCM

A Letter from (Y)our Alternate District Committee Member

The 4 Paradoxes of AA from "The Professor and the Paradox" Pages 340-342, 2nd Edition Big Book.

1. We **SURRENDER TO WIN**. My sponsor had this written in her Big Book in bold print when I first came into the program. I couldn't comprehend what surrendering had to do with winning. I had come to the realization later on that if my life had not become so unmanageable, if I had not been in so much despair, I wouldn't have been able to wave that white flag of surrender. Surrender is winning. Surrender was walking into AA and allowing you people to help me.

2. We **GIVE AWAY TO KEEP**. Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics. It works when other activities fail.

3. We **SUFFER TO GET WELL**. Active alcoholism is painful, looking back on the wreckage and shame is painful. I had to do that to recover and be free.

4. We **DIE TO LIVE**., As the old life gradually dies, I acquire a different and better way of life. As the book says, we are "reborn."

In Love and Service,

Jullian U., Alt DCM

(Y)our PAGE

The Shade

On a particularly beautiful day one might brood a bit in the house. A recluse might actually spend days. Lit by artificial light, it's not gloomy but there is nothing like stepping outside or throwing open the shades. Days and weeks can go by without knowing the real light of day.

In a rush hour in an inner city, it's easy to get pushed around if one is not sure of where you are headed. A casual staying in a lane might in moments, commit you to turning. On an evening in Pittsburgh for example I recently travelled around, and then around central downtown for an hour when I was never much more than a dozen blocks from my destination, the hospital across the river.

Often in thought a rut develops. A resentment or grudge, an anxiety, an unjust slight or a question without an answer can take up 100's of calories of mental juice that could be best used elsewhere.

If we lift the shade, we see light has always been there, if in traffic we make a solid decision to not be pushed out of our path, the rest of the trip falls together. Forcing our minds to look in the other direction shows many paths out of our rut.

Here is the right use of the will. To lift the shade, to turn toward righteousness, to forcibly turn from negative thinking.

-Anonymous Contribution

DISTRICT 23 MEETING LIST

SUNDAY

SCOTTDALE SUNDAY NIGHT
7PM / LAST SUNDAY IN MONTH OS
Calvin United Presbyterian Church
311 Mulberry Street, Scottdale

GREENSBURG SUNDAY NIGHT
12&12 Live & Zoom
ST 7:30 PM
Church of the Brethren
544 Stanton St, Greensburg

MONDAY

**READING FOR
RECOVERY BOOK STUDY**
BB Noon (12:00 pm)
YWCA
424 N Main St, Greensburg

**MONDAY NIGHT UNDER
THE BRIDGE**
OD 7:30 PM
Presbyterian Church
108 W 3rd Street, Derry

**GREENSBURG
BIG BOOK STUDY**
OD 7:30 PM
Church of the Brethren
544 Stanton St, Greensburg

TUESDAY

**NEW FLORENCE
TUESDAY NOONER
GROUP**
OD-B NOON (12:00 PM)
New Florence Methodist Church
196 9th Street, New Florence

**DINNER WITH BILL AS
BILL SEES IT**
OD 6:00 PM
Norwin Christian Church
9610 Barnes Lake Road, North
Huntingdon

**TUES GREENSBURG
BEGINNER GROUP**
B 7:30 PM / OS LAST TUESDAY
First Presbyterian Church
300 S. Main Street, Greensburg

Wednesday

**GREENSBURG WED.
NOON DISCUSSION**
OD NOON / 2ND WEDS. OF MO.
OS
First Presbyterian Church
300 S. Main Street, Greensburg

**GREENSBURG
WEDNESDAY NIGHT
OPEN DISCUSSION**
7:30 PM
First Presbyterian Church
300 S. Main Street, Greensburg

**Wally P BACK to
BASICS**
7:30 PM 1st & 3rd
WEDNESDAYS
Calvin U.P. Church
311 Mulberry Street, Scottdale

THIS IS THE WAY
SDY 7:00 PM
Methodist Church (enter Side 2nd floor)
310 Oak St, Irwin

LATROBE
OD NOON / OS LAST
WEDNESDAY
Trinity Lutheran Church
331 Weldon St, Latrobe

**LIGONIER DISCUSSION
GROUP**
CD 8:00 PM
Heritage United Methodist Church
107 Main St, Ligonier

DISTRICT 23 MEETING LIST

THURSDAY

SCOTSDALE NEW & OLD TIMERS

OD 7:30 PM / THIRD THURSDAY OS

Calvin U.P. Church
311 Mulberry Street, Scottdale

THURSDAY TWIN LAKES OD

OD 6:30 PM

Twin Lakes Pavilion 7
219 Twin Lakes Rd, Latrobe, PA 15650

St Bruno

OD 12:00 PM/Last Thur

Speaker

St. Bruno Church

1729 S. Poplar Street, Greensburg

HOPE IN SOBRIETY

OD 8:00 PM

Christ United Church

100 Lincoln Avenue, Youngwood

IRWIN BACK TO BASICS BB

OD 7:30 PM

First Presbyterian Church

617 Main Street, Irwin

LATROBE THURS. NIGHT BIG BOOK STUDY

CD 7:30 PM

Trinity Lutheran Church

331 Weldon Street, Latrobe

FRIDAY

THIS IS H.O.W

OD/12 & 12 STUDY GROUP
6:00PM

Brushcreek Evangelical Lutheran Church

177 Brush Creek Road, Irwin

ACME/DONEGAL FRIDAY NIGHT

OD 8:00 PM

Acme United Methodist Church

3016 Rt. 31, 3.5 miles from Turnpike

Entrance, Acme

LIGONIER FRIDAY NITE

OS 8:00 PM

Heritage United Methodist Church

107 S. Market Street, Ligonier

JEANNETTE FRIDAY NIGHT

CC 8:00 PM

First Presbyterian Church

4th & Bullitt Avenue, Jeannette

SATURDAY

TWIN LAKES GROUP

OD 10:30 AM

The Pavillion at Donahue Center
216 Donahue Road, Greensburg,
PA

RECTOR SAT. NIGHT GROUP DISCUSSION

CD 7:00 PM / LAST SATURDAY

OF MONTH OS

St. Michael's of the Valley Epis. Church

2533 Rt. 381, Rector

LINCOLN HIGHWAY

OD/B 8:00 PM

Circleville U.M. Church

11600 Parkway Dr, N Huntingdon

COME JOIN US!!
CELEBRATION!!!

Saturday Night Lincoln Highway Group

65th Anniversary!!!

When: Saturday October 9th

Festivities include 8pm

*Speaker Lead...Pizza, cake
and ice cream starts at 7pm.*

COME JOIN US IN
CELEBRATION!!!

SCOTTDALE NEW & OLDTIMERS GROUP OF ALCOHOLICS ANONYMOUS

PRESENTS

Wally P. "Back to Basics" Beginners Meeting

When: Every 1st and 3rd Wednesday

Time: 7:30 pm

Where: Calvin Presby Church 311 Mulberry St.

(Same as Thursdays meeting location)

**We will be studying and taking the 12-steps of Alcoholics Anonymous, using the
Wally P. Back to Basics and the Alcoholics Anonymous books.**

Please bring your Big Book, you will need it.