THE 23 INFORMER

PA Area 60, District 23 P.O. Box 1698 Greensburg, PA 15601 www.aa-swestpa-dist23.org



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COMMITTEE REPORTS

DCM REPORT

Hello District 23!

First of all, I want to thank everyone who attended the Area meeting and helped greet people – Margie S. and Al S., Ron Y. and Todd V. I also want to thank those who joined us for our workshop on Concept 3 tonight. If GSRs have any topics you would like to have covered in a workshop, please get in touch with me. I am open to suggestions! Our next workshop will be at 6 pm before the November GSR meeting. The topic is TBA.

The H&I picnic was a great time. There was lots of delicious food and perfect weather. Many thanks to all the volunteers who put it together. Coming up is our Day of Sharing on Saturday, Oct. 19th at St. Vincent; it promises to be a wonderful event and I hope to see many of you there. Days of Sharing are a great opportunity to learn more about our amazing program, but also to have some fellowship and make new friends.

Lísa V.

H&I REPORT

Greetings fellow travelers.

First off I would like to thank everyone that attended this year's picnic. It was a great success. Kudos to Karen for pulling off our first themed picnic. It did feel circusy. A big thank you to Glenn for sharing his experience, strength and hope with all of us. I'd also like to give a big thank you to all those who volunteered their time and talents to feed and entertain us. From the crew at the raffle table, to those in the kitchen and on the grill, to our fellow musicians, jugglers, games organizer and fire breathers; all y'all (or should it be youn'ze) gave us three rings of fun!

We are still looking for someone to step up and take over the position of coordinator for Torrance. The coordinator makes sure that we have people covering the following meetings at Torrance: 1st Monday morning of the month from 9:30-10:30, every Monday night in the Hospital section and every other Monday night in the prison section. If you are interested or need more info, see me or come to our next H&I meeting (Saturday, September 14th). I'm going to keep announcing this until the position is filled. You have been warned.

Please continue to donate any conference approved literature to our literature drive. Our Opportunities in Service forms are always available; please volunteer to carry the message into any of the facilities that we cover. We are truly grateful and may we continue to work together to help save those alcoholics who still suffer and can't get to a meeting without all of our help. Without you we would not be able to provide literature and meetings to carry that message of hope.

H & I is in need of help. H & I is in need of help. We need AA members willing to serve as coordinators for some of our facilities. We also need 1 time speakers and home groups to take meetings into facilities and help us carry that 12 step message. The facilities which are in need of coordinators are: the Torrance State Hospital Monday meeting, BHS and the Westmoreland County Prison Friday meeting from 6 to 8pm. The facilities which need a one-time speaker or a home group to carry the message are Gateway in Greensburg, Torrance, Westmoreland County Prison (men and women), BHS and the Juvenile Detention Center.

If interested in serving, ask your SPONSOR then contact the chair or coordinator of that facility.

Ron 4

H&I Committee Chair

Editor's Corner

As you can see, this is again a "Big Blank Page" Sadness.....



If you would like to see your article in next month's newsletter, please submit via the following email link:

editor@aa-swestpa-dist23.org

(Your submission can be kept anonymous if you so wish....)

In love & serenity,

Colleen Z.
Editor

TO ALL HOME GROUPS

If you wish to see your group's anniversary or other special event listed, please submit to the Editor no later than the first Monday of the month to have it appear in that month's Informer. My contact info is on the front of the newsletter. (editor@aa-swestpa-dist23.org)
Also, if your group has any changes, please contact the Editor, and it will be listed in the Informer.

Thanks,

Colleen Z.

Editor

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CALENDAR OF EVENTS

Saturday,	Day Of Sharing
October 19th	St. Vincent College
9:00 AM-9:30	Placid Hall-2nd Floor
Registration and	above the Dining Room)
Coffee	Workshop Topics:
9:30 AM-9:45	*The Triangle—
Introductions	More Than A Shape
9:45 AM-10:45	*Self-Support-What Does
Workshops	It Mean to the Fellowship?
11:00 AMNoon	*Our Primary Purpose—
Workshops	Carrying the AA Message
Noon -1:15 PM	
Lunch	Cost per person: \$5.00
1:30 PM-2:30	Lunch* is available in the
Workshops	Campus Dining Room for
2:30 PM Ask-it-	\$7.50 per person
Basket and Wrap	(Please call Margie S. at
Up	724-244-7304 to reserve
	your lunch ticket as we
	need to have an advance
	count)
	Please contact Margie at
	724-244-7304 for further
	information. (A limited
	amount of scholarships are
	available)

IMPORTANT ADDRESSES

For Home groups mailing contributions:

Area 60 Treasurer P.O. Box 152 Conway, PA 15027 (Make check payable to "Area 60 Treasurer.")

General Service Office (GSO) P.O. Box 459 New York, NY 10163 (Make check payable to "AA World Services, Inc.")

District 23 Answering Svc PO Box 1698 Greensburg, PA 15601 Please make checks payable to Answering Svc and put your group name on check

Thought For the Day

Complacency breeds old behavior and unnecessary problems.

"The Promises," as suggested in the Big Book, clearly indicate that we have work to do if we want the rewards that are guaranteed in this program of recovery. Getting complacent, not using the tools that the program has taught us, opens the door to backsliding. Before long we are caught in the old game of manipulation: tension fills our lives again.

There are simple antidotes to complacency. Gratitude is one of them. Every morning we can take a few movements to appreciate all the goodness in our lives. Another powerful antidote is taking the time to consciously contact our Higher Power. God is always available to help us: we simply have to open the door. Sharing hope with others is perhaps the most powerful of the antidotes because it helps at least two people ourselves and the listener who hears our story.

The Twelve Step program has made each of us a messenger for God. When we isolate, forgetting our role in this picture that's unfolding, the old attitudes and behaviors return. We are told to be "painstaking" about our efforts. The benefits will match them.

I will be present to the others in my life today and will acknowledge God in all that I do. My conscientiousness won't allow me to be complacent.