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PA, Area 60, District 23

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pCM REPORT

News and Notes From the General Service Office of A.A. VOL. 28, NO. 5/ OCTOBER-NOVEMBER 1983

'Let Go' to Grow-The Spirit of Rotation Keeps A.A. Alive

Talk about "bleeding deacons" vs. "elder statesmen" and "learning to let go" permeated the air as A.A.'s attending the 1983 Northeast Regional Forum, in Somerset, NJ., gathered for a lively and candid session on "Rotation: Its Implications in Our Area." Presentations by Conference delegates touched on many aspects. Noting that rotation is "the main method we have to prevent power, prestige, and personal recognition from distorting our best intentions," Maine delegate Frank R. stressed its importance in putting "a check valve on these intentions." Since the process of rotation in all service positions—from the board of trustees to G.S.O. to the group level—limits the length of individual service, "It also gives the newcomer a chance to serve,"

Frank said.

Dick D., delegate from New Hampshire, said his introduction to rotation occurred when "I was asked to stop being my group's coffee maker. That's when I learned you have to give it away to keep that beautiful feeling!" Since then, Dick has rotated out of several service slots, often with reluctance. "But learning to let go has meant personal growth for me," he maintained. "I only hope that when it's time to rotate out of this delegate job, I'll become an elder statesman and not a bleeding deacon!" (His experience recalls the words of a former G.S.O. general manager, Bob H., in a Conference talk on the subject of rotation: "When [servants in A.A.] rotate out of office, they're obeying 'the letter of the law,' but are they obeying its spirit if they still try to run the show? Inability to let go can become something close to an illness. Sometimes, these unfortunate folk need help in learning to really step down. We may even have to pry their hands from the helm, figuratively. But whatever needs doing to make them let go—do it! You'll be doing everyone concerned a favor, including the reluctant ex-servant.") -

Using a child's spinning top as an example, Joseph R., the Connecticut delegate, demonstrated how some-one was needed to start the top rotating and, when it wound down in a different area from where it had started, how someone else was needed to spin it into motion again. He reminded his fellow A.A. servants that "rotation is practiced not to put somebody out of a job, but to ensure that the selfish ones do not hold on, and that all have an opportunity to serve." Furthermore, he said with a wide grin, "Rotation also limits the time for those of us who serve to mess things up!"

Vermont delegate Sarah G. stressed the importance of an infbrmed group conscience. "The more informed people there are to carry the A.A. message, the faster and further it will be carried," she said. Without the principle of rotation, she noted, responsibility for carrying the message would rest in the hands of just a handful of people, thus causing the Fellowship to become alienated from our Third Legacy of Service.

Expanding on that theme, Western Massachusetts delegate Betty R. noted that "the A.A. message is important, not the messenger. It is the spirit of rotation that keeps our Fellowship alive!"

Sharing the experience of her home group in Western Pennsylvania, delegate Carol K. said that the chairperson rotates every week; the secretary, every month (unlike most groups, which rotate officers two or three times a year). "This works for us," she explained, "because it does away with popularity contests and keeps 'principles before personalities.' All the members get a chance to serve and feel important."

ALTERNATE DCM REPORT

Happy Summer to All,

I have tried to go to some of the meetings that I normally do not get to (because of my work schedule). As I have found everyone to be very welcoming, I have noticed that many meetings in our district have very small home groups. I applaud the people that do service work from making the coffee to taking out the trash! These are the people that keep the meeting going for all of us to be there for the next sick and suffering alcoholic. As suggested to the newcomer, get a Big Book, a sponsor, and a home group. When making the decision for your home group in the future, please consider the ones that have very few active members. And please, if you have a home group, pitch in! You never know when you can make the difference!

I would also like to thank the Scottdale group for the wonderful Step Workshop held on June 15th. As always, it was very informative and I thoroughly enjoyed it!

In love and service,

Marcia, Alt. DCM





Do you want to help the Alcoholic who can't go to a meeting? H&I is looking for volunteers for the new Clear Day detox and rehab center!

If you are interested please email or call Dee S to see how you can help. Check the front page under H & I Coordinator for her contact info.

The meetings are held Thursday nights at 7pm.

H&I is looking for volunteers for Torrance State Hospital On the Community Side!

We still would like to thank Denny M. for his years of Service as the coordinator on the community side! It was a misprint that the position has been filled. I apologize for that. H & I is in need of someone to step up and take Denny's place on the Community side. Contact Dee S. if you are willing! Ed J. who coordinates the forensic side is covering until Denny's spot is filled. If you can help out on the community side contact Ed j. or Dee S.

Meetings are 8pm to 9pm every Monday night.

District 23

IMPORTANT ADDRESSES For Home groups mailing contributions:

District 23 PO Box 1698 Greensburg, PA 15601 For contributions to the district, please make checks payable to District 23 and put the group name on check.

**PLEASE NOTE : THE AREA 60 TREASURER ADDRESS HAS CHANGED Area 60 Treasurer P.O, Box 1496 Washington PA, 15301 (Make check payable to "Area 60 Treasurer.")

General Service Office (GSO) P.O. Box 459 New York, NY 10163 (Make check payable to "AA World Services, Inc.")

District 23 Answering Svc PO Box 1698 Greensburg, PA 15601 Please make checks payable to Answering Svc and put your group name on check

TO ALL HOME GROUPS:

If you wish to see your group's anniversary or other special event listed, please submit to the Editor no later than the first Monday of the month to have it appear in that month's Informer. My contact info is on the front of the newsletter.

(editor@aa-swestpa-dist23.org)

Also, if your group has any changes, please contact the Editor, and it will be listed in the Informer.

Personal stories are welcome also, if you would be willing to share your experience, strength and hope with District 23. (can be anonymous) Thank you,

Frank F

Exciting news!!

NERASSA

Northeast Regional **Alcoholics** Anonymous Service Assembly IS **COMING TO PITTSBURGH IN**

2021