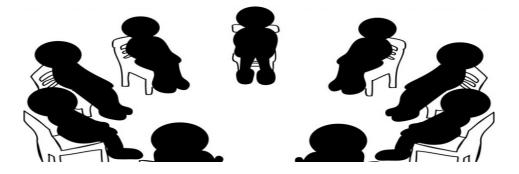


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District Committee Member, Marcia W

Grapevine Representative, Dale M.

Treatment & Accessibilities, Dave H.

Literature/Meeting Lists, Chris J.

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Bridging the Gap, Rob.

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# **DISTRICT CONTACTS**

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<u>Need to talk someone?</u>



Toll Free 24-Hour Hotline 1-866-851-8459



Greetings fellow trudgers!

Tradition 4: With respect to its own affairs, each A.A. group should be responsible to no other authority than its own conscience. But when its plans condern the welfare of neighboring groups also, those groups ought to be consulted. And no group, regional committee, or individual should ever take any action that might greatly affect A.A. as a whole without consulting the trustees of the General Service Board. On such issues our common welfare is paramount.

The A.A. Service Manual (Page S13)

Please remember when establishing another group, be it in person or zoom, the other established groups ought to be consulted. I realize that during Covid shut-down drastic measures were taken to continue to carry our message to alcoholics everywhere. Please be mindful of this tradition so as not to step on any established group in our district.

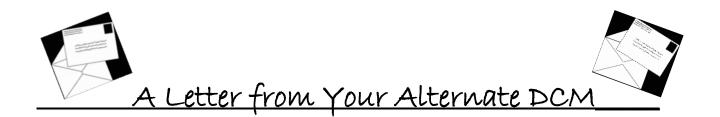
UP COMING EVENTS:

May 16, 2021 Area 60 Quarterly Assembly Meeting (zoom numbers available on Area 60 website.

May 22, 2021 District 22 Virtual Workshop-Answering the Call-Sponsorship (zoom info on Area 60 website0.

NERF-Northeast Regional Forum- June 4 to 6 (registration at aa.org)

Again, Thank you all! In love and service, *Marcia W., DCM* 



Hello District 23!

I've been praying about what I could write about for a few days and my higher power kept bringing the third tradition back to my heart. The short form of the third tradition in A.A. states, "The only requirement for A.A. membership is a desire to stop drinking." After I had been in the program for about 7 months, an old-timer approached me outside of a meeting, pointed at me, and gruffly stated, "you belong in another fellowship." He had learned that "other substances" were a part of my journey. If I had not been so desperate to live and had nowhere else to go, I may have left A.A. for good. I had tried other fellowships and my heart was in A.A. "You people" spoke my language. Unfortunately, this was not to be the only time this had occurred in my sobriety. My sponsor simply says, "Everyone is entitled to their opinion and to pray for them." Lately, I've been hearing countless stories of people coming into the rooms and being told "they don't belong" in AA because they are not a "pure alcoholic." As the long form of the third tradition reads, "that to take away any alcoholic's full chance was sometimes to pronounce his death sentence and often to condemn him to endless misery. Who dared to be the judge, jury, and executioner of his own sick brother?" When I came into AA my sponsor helped me to understand that regardless of what I had put into my body, it was never enough. She helped me to understand that I had drank alcoholically from the day I picked up a drink even though at the end of my alcoholism I had used other substances. I am an alcoholic and I will die an alcoholic if I choose to drink again. There is an entire generation of non-pure alcoholics coming into A.A. and will continue to come into A.A. I implore you to have compassion for them.

No matter our race, ethnicity, nationality, age, social class, sexual orientation, this disease views us as equals.

Yours In Service, Jullian U.



Personal experience, strength and hope doing the 4<sup>th</sup> and 5<sup>th</sup> steps from one of our district members. Step Four: "Made a searching and fearless moral inventory of ourselves." Step Five: "Admitted to God, to ourselves and to another human being the exact nature of our wrongs."

As a newcomer to AA, some of the steps seemed harder to me. Right away, the words "searching and fearless moral inventory of ourselves" from Step four along with "withholding nothing" and "rigorous honesty" from Step five leapt out at me like impending doom. However, I recognized that I had to trust the process. I needed to constantly be reminded that Alcoholics Anonymous is a WE program. I found that I was not alone. I now had a sponsor, a homegroup and a WE (a group of ladies in the program that I have formed friendships with). These are ladies that I can lean on and depend on when I am struggling. Whether it was asking questions about the program, life in general, or getting the love and encouragement that I need, this program and its people were there for me through this process. I had to reach out to my WE countless times when I was working Step Four and doing my inventory. I knew I had to keep going. I feel absolutely blessed from having the help and guidance of my sponsor and my Higher Power throughout my sobriety.

I did my fifth step with a priest. It was a wonderful experience. I know in my heart that my Higher Power was with me the entire time. I felt that stepping out of my comfort zone played a major role in my being able to give all this negativity and ugly clutter from my past over to a God as I understand him.

I have found an inner peace that I have never had before doing Step Five. Giving all the mess I had made in my active alcoholism over to a Power greater than myself allowed me to start fresh in life. Doing Step Five was an undeniably remarkable experience that has changed my whole attitude and outlook on life!

Jen M. Derry Under the Bridge Homegroup Sobriety Date February 17, 2020 Want to be of service... Have an idea for an article on Your Page... Celebrating a milestone in sobriety... Homegroup having an anniversary...? E-mail editor@aa-swestpadist23.org. -Kari F





# IN-PERSON MEETING LIST

#### SUNDAY

-Scottdale Sunday Night CC 7:00PM/OS Last Sunday of month Calvin United Church 311 Mulberry St, Scottdale

-Greensburg Sunday Night12&12 7:00PM Church of the Brethren 544 Stanton St, Greensburg

#### <u>MONDAY</u>

-Monday Night Under the Bridge OD 7:30PM Presbyterian Church108 W 3rd St, Derry

-Big Book Study OD 7:30PM Church of the Brethren 544 Stanton St, Greensburg

#### <u>TUESDAY</u>

-NewFlorenceTuesdayNoonerGroup OD-B NoonNewFlorence Methodist Church 196 9<sup>th</sup> St,New Florence

-Dinner with Bill as Bill Sees It od 6:00PM Norwin Christian Church 9610 Barnes Lake Rd N Huntingdon

-Tuesday Beginners Group B7:30PM/OS Last Tues of monthFirst Presbyterian Church 300 S MainSt, Greensburg

#### WEDNESDAY

-GreensburgWednesdayNoonDiscussion OD NOON/2<sup>nd</sup> Wed of month OS First Pres. Church 300Main St,Greensburg

-This Is the Way SDY 7:00PM Methodist Church (enter 2<sup>nd</sup> floor) 310 Oak St, Irwin

-Latrobe OD NOON/OS LAST WEDNESDAY Trinity Lutheran Church 331 Weldon St, Latrobe

-Ligonier Discussion Group CD 8:00PM Heritage United Methodist Church 107 Main St, Ligonier

## THURSDAY

-Hope in Sobriety OD 8:00PM Christ United Church 1100 Lincoln Ave, Youngwood

-Latrobe Thurs. Night Big Book Study CD 7:30PM Trinity Lutheran Church 331 Weldon St, Latrobe

-Scottdale New and Old Timers OD 7:30PM 3rd Thurs OS Calvin U.P. Church 311 Mulberry St, Scottdale

-Hope In Sobriety OD 8:00PM Christ United Church 1100 Lincoln Ave Youngwood

#### FRIDAY

-This is H.O.W.OD 6:00PM 12&12 Study Group BrushcreekEvangelical LutheranChurch 177 Brush Creek Rd, Irwin

-Acme Donegal Friday Nite OD 8:00PMAcme United Methodist Church 3016 Rte. 31, Acme

-Jeanette Friday Night CC 8:00PM First Presbyterian Church 4th & Bullitt Ave, Jeannette

## <u>SATURDAY</u>

-Twin Lakes Group OD 10:30AMThe Pavilion at Donohue Center 216 Donahue Rd Greensburg

-Lincoln Highway Group OD/B 8:00PM Circleville U.M. Church 11600 Fairway Dr, N. Hundingdon

-Rector Saturday Night OD/OS last Sat of month 7:00PM St. Michael's of the Valley 2533 Rte 381 Rector



If any new meetings or changes are noticed and need edited, please email the webmaster the info to update the website and I will change it for next months' list in the Informer.

Sunday Serenity 10:30 AM Meeting ID: 851 2485 6711 PW: Unity Monday thru Fri The Hand of AA 2:30 PM Meeting ID: 819 600 165 PW: billw Monday Wednesday Friday Sunrise Serenity 6:30 AM Meeting ID: 632 505 540 PW: 365891

Monday through Friday Noon PM Meeting ID: 814 7326 3715 PW: 417 Wednesday Night Greensburg OD 7:30 PM Meeting ID: 879 775 86902 Thursday Irwin Back to Basics 7:30 PM *Join Call in only* Meeting 351-999-4241 Thursday KISS Greensburg OD 7:30 PM (Live Meeting Also) Friday Night Ligonier 8:00 PM OD Meeting ID 695 122 165 Friday Night Brush Creek 6:00PM Meeting ID: 890 0023 2779 GSR Meeting First Friday of Every Month 6:30PM (Live Meeting also) Saturday 12&12 Deep Dive Noon Meeting ID: 714 150 815 19 PW: serenity

# <u>MORE INFORMATION....</u>

To all District 23 H & I home group representatives The H&I committee now has the capability to accept your groups contributions via VENMO

If you already have a VENMO account setup (or have a friend that does), please scan the below QR Code to send in your contributions.

Please scan the QR Code below AND Include a NOTE stating your Groups name and day(s) it meets THANK YOU !! Any Question email or contact Jon A. HIVenmo@aa-swestpa-dist23.org



venmo

**AREA 60** P.O. BOX 3314 MCKEESPORT, PA 15134

**District 23 Website:** 

http://aa-swestpa-dist23.org/