



# THE 23 INFORMER

**Issue #242**  
**May 2018**

PA, AREA 60, District 23  
P.O. Box 1698 Greensburg, PA 15601

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**Toll-Free 24-Hour Hotline: 866-851-8459**

From the June 1944 GRAPEVINE magazine.

Editorial:

## The Shape of Things to Come

In the book Alcoholics Anonymous there is a chapter called "A Vision for You". Wandering through it recently, my eye was caught by this startling paragraph written a short five years ago. "Someday we hope that every alcoholic who journeys will find a Fellowship of Alcoholics Anonymous at his destination. To some extent this is already true. Some of us are salesmen and go about. Little clusters of twos and threes and fives of us have sprung up in other communities through contact with our two large centers-----" Rubbing my eyes I looked again. A lump came into my throat. "Only five years," I thought. "Then but two large centers--little clusters of twos and threes--travelers who hoped one day to find us at every destination."

Could it be that only yesterday this was just a hope--those little clusters of twos and threes, those little beacons so anxiously watched as they flickered, but never went out.

-- Bill W.

# SOBER SUMMER FUN

- **Go Camping, Embrace Nature**
  - Hike the trails, breathe deeply over breathtaking vistas and sleep under magnificently starry nights. Whether you prefer “roughing it” or “glamping” (glamour camping), getting back to nature can be both therapeutic and a really exciting adventure.
- **Join a Sports League**
  - A little healthy competition can be both challenging and rewarding. Many sports leagues are organized by local communities and offer varying levels of competitiveness. Whether you’re an amateur or an all-star, participating in organized sports can be good for both mind and body.
- **Travel and Sightseeing**
  - If possible, visit some of the world’s most acclaimed destinations. Take that one dream trip, create a new itinerary or just pack up and go without any concrete plans. No one to go with? Traveling alone can sometimes be even more rewarding.
- **Volunteer Your Time**
  - Look up [volunteer opportunities](#) in local newspapers or on websites like [volunteermatch.org](#). From community gardens to animal care, you’re assured to find a cause that piques your personal interests. By donating your time to something personally meaningful, you’ll also inevitably meet many like-minded people.
- **Try a New Activity**
  - Surfing. Archery. Crossfit. Yoga. Kayaking. Mountain climbing. Fishing. Spelunking. Find a new activity (or many) to try out. Who knows? A new activity may easily become a new lifelong passion.
- **Explore Your City or Home State**
  - Although traveling the world may be enticing, it may not be realistic. That’s OK. Many times, we haven’t even explored our own backyards. Make a citywide or regional itinerary. You’ll be surprised how much you uncover.
- **Involve Your Pets**
  - Who says your [trusted four-legged friend](#) wouldn’t enjoy stand-up paddle boarding or an exciting camping trip? If these activities wouldn’t “work out” because of your pet’s (let’s say) independence, attending obedience-training classes may also be a fun, and worthwhile, summer activity.
- **Explore Your Creative Side**
  - Whether it’s learning a new instrument, attending poetry workshops or taking pottery classes, summertime may be the ideal time to allow your [creative juices](#) to flow freely.
- **Coordinate with Others in Recovery**
  - Many AA groups hold special summertime events, such as cookouts, team sports and even organized trips. Summertime can still be, and still is, a season for recreation and relaxation for millions of us in recovery.....OR head to an out of town meeting with your “We”

# **District 23**

## **info**

### **IMPORTANT ADDRESSES**

#### **For Home groups mailing contributions:**

District 23

PO Box 1698

Greensburg, PA 15601

For contributions to the district, please make checks payable to District 23 and put the group name on check.

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#### **\*\*PLEASE NOTE : THE AREA 60 TREASURER ADDRESS HAS CHANGED**

Area 60 Treasurer

P.O, Box 1496

Washington PA, 15301

(Make check payable to "Area 60 Treasurer.")

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General Service Office (GSO)

P.O. Box 459

New York, NY 10163

(Make check payable to "AA World Services, Inc.")

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District 23 Answering Svc

PO Box 1698

Greensburg, PA 15601

Please make checks payable to Answering Svc and put your group name on check

### **TO ALL HOME GROUPS:**

If you wish to see your group's anniversary or other special event listed, please submit to the Editor no later than the first Monday of the month to have it appear in that month's Informer. My contact info is on the front of the newsletter.

([editor@aa-swestpa-dist23.org](mailto:editor@aa-swestpa-dist23.org))

Also, if your group has any changes, please contact the Editor, and it will be listed in the Informer.

Personal stories are welcome also, if you would be willing to share your experience, strength and hope with District 23. (can be anonymous)

Thank you,  
Monica

**Interested in a service position? Or finding out more about District 23**

**H & I service positions available.**

The H & I meetings are held at Christ United Church 100 Lincoln Avenue, Youngwood at 10:30 AM on the 2nd Saturday of the month.

**Also there open coordinator positions at our District..**

The GSR meeting is held on the first Friday of the month in Jeannette at The First Presbyterian Church, Corner of 4th and Bullitt Ave. Jeannette at 6:30pm.