# THE 23 INFORMER

PA Area 60, District 23 P.O. Box 1698 Greensburg, PA 15601 www.aa-swestpa-dist23.org

Issue 146 May 2010

#### **DISTRICT 23 SERVICE CONTACTS**

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Answering Service – Jim V					
Editor, 23 Informer - Sally B					

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### **COMMITTEE REPORTS**

#### **DCM REPORT**

To my fellow AA's:

I hope everyone had a safe and sober holiday. First, I would like to thank all those who participated at the G.A.W., especially those who helped out in the hospitality room. We really pulled together as a district and that is what made it so awesome. Then Lisa P. did a presentation on, "What Service Has Meant to Us." She was very enthusiastic and did a tremendous job! Way to go, Lisa!

Next, the combined G.S.R. and D.C.M. roundtable on Saturday night was very interesting. The main thing that stuck with me was when we make a commitment in A. A. we should do it to the fullest extent and to the best of our ability. The other thing was that when we get new GSR's we/I need to make ourselves available to them as much as possible.

Finally, on March 29th we had our first D.O.S. planning meeting. This year's event will be held at the All Saints Social Hall in Masontown on June 19th and the workshops will be on Corrections, Treatment/Special Needs Access, PI/CPC, and the Grapevine. More information will be available as soon as we get the flyers together. The cost will be \$5 and this includes lunch. Bring your favorite dessert.

One more thing: I would like to thank the District for allowing me the opportunity to serve at the G.A.W. If you have any questions or suggestions on how we could serve you better, please don't hesitate to ask!

> In Love and Service, DCM Chris G., Alt. DCM Tom W.

#### **ALT. DCM REPORT**

Dear District 23:

Thank you! I must say, boy I'm tired. What a Getaway Weekend. I would like to thank all who went and participated. We need to give Chris a big hand for the hospitality room. I'm always amazed at what happens at this kind of thing. In past years I've sat in on archives and literature. This year the committee I sat in on was the Grapevine, and as I always say, boy, did I learn a lot!

First, about the Grapevine, it is really in financial distress. Like most magazines, subscriptions are down! But the magazine is not just the Grapevine; something I found out is that those sayings that we hear and say such as, "Easy Does It," are Grapevine material. Let's not forget the books. In fact, I bought a new one: A Rabbit Walks Into a Bar. A good many of those jokes we hear are in there, and my favorite cartoon, "Victor E."

I almost forgot Lisa P. -- thank you, what a presentation on a panel. There's just so much, but if I go on, Sally won't have any more room in the *Informer*. If you want to hear moooore, give me a call.

In Love and Service, Alt. DCM Tom W.

#### Editor's note ...

The deadline for submissions to the 23 Informer is 12 pm the Sunday before each GSR meeting. Submissions received after the deadline are not guaranteed inclusion in the newsletter. Thank you for your consideration!

Sally B., Editor, 23 Informer

#### **ANSWERING SERVICE**

Please mail contributions to: Answering Service - District 23, PO Box 1698, Greensburg, PA 15601. Please make them payable to "Answering Service, District 23" and put your group name on any checks.

<u>TO ALL HOME GROUPS</u> – If your group has any changes, please contact the Editor, and it will be listed in the Informer. Also please notify Richard K. of any changes so that the Answering Service and PI/CPC will give out correct meeting information. Contact numbers are on the front of this newsletter.

Please note that the Answering Service phone number has changed! We now have a toll-free number, thanks to your generous contributions. The number is listed on the front page of this newsletter. Pass it on!

#### **GRAPEVINE**

The AA Grapevine, our monthly meeting in print, is a very useful tool for your sobriety and can go wherever you go. A yearly subscription is only \$27, and it is delivered every month in a plain wrapper, so if your neighbors don't already know you're an alcoholic, your Grapevine magazine won't tip them off! The Grapevine is a perfect gift for sponsees and friends in the program. You can see me or your home group's Grapevine representative for subscription blanks. Thank you!

Stan K., Grapevine Rep.

#### **GROUP CHANGE**

The Latrobe Wednesday Noon Group has moved back to its original location at Trinity Lutheran Church at 331 Weldon Street in Latrobe. This change is effective immediately.

#### PI/CPC

Hello District 23!

We have started to drop literature off at the Justice of the Peace and are dropping information off at doctors' offices and professional establishments. We will also be targeting schools and rehabilitation centers. We have already made contact with the high school and middle school in Derry.

PI/CPC is also planning a day meeting at Torrance State Hospital. A day meeting may get better attendance than an evening meeting.

In addition, we are stressing at group conscience meetings that AA members take PI/CPC's 5X7 placard into doctors' offices when they go in for visits. Members should not be afraid to talk to their doctors about A.A.!

We will have more info as we go along. Peace!

Richard K., PI/CPC Rep., and Leo H.



#### SPECIAL NEEDS

Dear Friends of District 23:

One of the jobs of District 23 Special Needs is to take meetings to our fellow alcoholics who are in the hospital, nursing homes and are ill at home. We will gladly bring a meeting to them. Just let us know – we can't do this if we don't know you need a meeting brought to you.

In Love and Service, Betty B., Special Needs Coordinator

#### PA STATE CONVENTION

The 17th Annual Pennsylvania State **Convention** will be held July 30th through August 1st 2010 at the Hotel Carlisle and Embers Convention Center, 1700 Harrisburg Pike, Carlisle, PA. Registration is \$20 per person, and a Weekend Package is \$55. This includes registration, a Saturday banquet and Sunday brunch. Registration after July 15th is \$25 and \$60 for the banquet. Checks may be made payable to PA State Convention and mailed to 1622 Crawford Avenue, Altoona, PA, 16602. Hotel Carlisle reservations are \$88.97 per night. Call Hotel Direct (800) 692-7315 for reservations. More information may be found on the Web at www.aapastateconvention.com, or by calling Bob H. at (610) 202-7989.

#### **IMPORTANT ADDRESSES**

Home groups mailing contributions to Area 60 or the New York General Service Office (GSO) should make checks out to:

John W. Area 60 Treasurer P.O. Box 353 Warren, PA 16365 (Make check payable to "Area 60 Treasurer.")

General Service Office (GSO) P.O. Box 459 New York, NY 10163 (Make check payable to "AA World Services, Inc.")

#### **EVENTS**

The 13<sup>th</sup> Annual District 23 H&I Picnic will be held August 21 at St. Vincent Grove from noon until 5:30 pm. Hamburgers and hot dogs will be on the grill. This is H&I's way of saying "thank you" for the support given throughout the year with the "Pink Can" donations. The monies collected have enabled H&I to bring the hand of AA to the various institutions in District 23. Flyers and more information will be available at the Old-Timers Speaker Meeting.

## "Who Says There are No 'Musts'?"

There are at least 57 "musts" used in the Big Book of Alcoholics Anonymous, according to *The Kentuckiana News* (March/April 1983). Here are some of them. Check 'em out for yourself!

- MUST or it kills us ... p. 62
- MUST be willing ... p. 69
- MUST make amends ... p. 69
- MUST be entirely honest ... p.
  73
- MUST rely on God ... p. 164
- MUST keep sober ... p. 82
- MUST carry the vision ... p. 85
- MUST be accompanied by action ... p. 93
- MUST walk in the path of spiritual progress ... p. 100
- MUST be convinced ... p. 135
- MUST decide ... p. 144
- MUST keep spiritually active
  ... p. 156